

THE ULTIMATE GUIDE TO
ECO-PARTIES



BY JASMIN LANCE

My Little Party Hire

 @mylittlepartyhire



WELCOME!

If you have downloaded this eco-party guide you are likely on a sustainable living journey, well done for taking the next step and looking at ways you can be conscious with your children's celebrations.

After organising eco-parties for the past 3 years I have found the most well meaning conscious consumers can still get stuck on some of the smaller party details, the consumable items that you may think of too close to the party date or buy without much pre-planning. You don't need to go overboard with your party supplies to make it special and my hope is that this guide will make the eco-party process easier than ever.

I would like to encourage you all to party with the environment in mind! Firstly, avoiding single use items across all areas of your party planning is one of the most impactful changes to make when it comes to children's parties. Second, is to tackle waste head on, sort waste along with recycling, repurposing and disposing of food in the most conscious way possible.

Jasmin x

How can you make your party Eco-friendly?

1) Plan ahead

Browse our list of eco-friendly party suppliers and allow enough time for postage to avoid last minute purchases.

2) Hire

Look at hire options wherever possible. My Little Party has affordable DIY hire for the Sunshine Coast and you can also source tableware themes and reusable items for hire independently.

3) Create timeless traditions

If you don't yet have a tradition in place for birthdays and celebrations think of adding an item or activity that you can bring out each year to incorporate into your parties.

4) Don't go overboard

Let's break the habit of over consumption and be more mindful when celebrating. Remember the analogy of... it's not just 1 straw, it's 1 straw x 6 billion people. This applies with parties and our everyday choices when celebrating.



TABLE WARE

Invest in reusables so your tableware can be used time and time again. Think plastic and glitter free along with minimalistic and compostable items.

TIP: Look for bi-products such as wheat straws and coffee cutlery.



SAY NO TO



MOST SUSTAINABLE



ECO-ALTERNATIVE

| | | |
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| Plastic lined table cloth | Cotton or linen tablecloths or picnic rugs | Butchers paper |
| Non - compostable Napkins | Reusable napkins made from cotton or linen | Single use - choose bamboo or recycled paper napkins (brown) |
| Plates + cups with plastic films | use what have such as glasses, porcelin, ceramic or stainless steel or plastic picnic wear | Single use - Home compostable fibres such as palm leaf, corn starch or bamboo |
| Plastic Cutlery + straws | Bring what reusable cutlery you have from home | Bamboo and coffee cutlery or wheat based straws |

CATERING

Be conscious of packaging when shopping for party food and choose to buy in bulk for sweets and crisps. Shop local for catering that allows for delivery with eco-friendly serving boxes or reusable serving trays.



SAY NO TO



MOST SUSTAINABLE



ECO-ALTERNATIVE

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| Poppers + individual drinks | Fillable urns with glassware, reusable cups or juice in bulk containers | Single beverage drinks in Cans or glass bottles |
| Over-packaged Party food | Buy from local suppliers, transport in reusable containers from home | Choose caterers that use brown paper boxes - not plastic trays |
| Single serve treats, sweets + snacks | Buy in bulk, not individual packaging, transfer into reusable containers from home prior to the party | offer a Red-cycle recycling bag for any soft plastic packaging on individual crisp packets |
| Unsorted waste + rubbish | Provide appropriate bins for recycling, red-cycle, 10c collection & composting | Minimalistic style. Only serve home-made food. |

HANGING DECORATIONS

Traditional party decorations, especially balloons, tinsel and plastic decor can damage the environment and injured wildlife. These easy swaps should help you make better choices for your next celebration!



SAY NO TO



MOST SUSTAINABLE



ECO-ALTERNATIVE

| | | |
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| Balloons | Reusable fabric balloons | Paper lanterns Pom Poms |
| Tinsel Backdrop | Reusable fabric bunting or wool tassles | Paper Streamers |
| Plastic birthday banners | reusable or repurposed Chalkboard or wooden sign | Jute or fabric |

PARTY ACCESSORIES

TIP - An easy way to see if your decor is compostable is by trying to rip it from the side. If it tears easily it's home compostable.



SAY NO TO



MOST SUSTAINABLE



ECO-ALTERNATIVE

| | | |
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| <p>Plastic or glitter decorated Party Hats</p> | <p>Felt, fabric, flower or greenery crowns and hats</p> | <p>Compostable paper hats</p> |
| <p>Party Blow-outs</p> | <p>Choose music</p> | <p>N/a Avoid all together</p> |
| <p>Party Poppers</p> | <p>Choose bubbles make your own using dishwashing liquid and plant based wands</p> | <p>Or choose bubble machine instead of individual pots or throw paper streamers</p> |
| <p>Plastic Cake accessories</p> | <p>Choose pure beeswax candles + edible party toppers</p> | <p>Wooden party toppers + cake signs</p> |

FAVOURS & ACTIVITIES



Party favours are a popular thank you gift for guests at parties but they are not essential. It is perfectly acceptable to not offer party bags. If you do choose to surprise your guests with this extra gift, please avoid single use wrapped lollies and plastic trinkets.



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MOST SUSTAINABLE



ECO-ALTERNATIVE

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| Plastic party bag | Cotton or jute bags that can be reused | compostable brown paper bags |
| Plastic favours | useable items such as Gemstones Seeds, pencils, play-dough, metal cars or water beads | Treats in cardboard or foil, compostable stickers |
| Plastic related crafts | Nature crafts, leaves, sticks, flowers, seed- pods | Purchase eco-glitter, paper, natural fibres and non-toxic glue and compostable tape |

PARTY GAMES

Lawn games, sports activities and old fashion fun is a great way to fill time at a party without buying single use items that only provide a short duration of fun.



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ECO-ALTERNATIVE

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| <p>Traditional Pass the parcel</p> | <p>Choose reusable fabric with plastic free inclusions. Only 1 per game is enough.</p> | <p>Newspaper or Brown paper</p> |
| <p>Pinata</p> | <p>Choose useful items such as wooden pencils, eco-glitter, gemstones</p> | <p>Choose treats in compostable or recycable packets or foil such as smarties</p> |
| <p>Pin the tail on the donkey</p> | <p>Look for paper made instead of plastic</p> | <p>Make your own version using paper or cardboard and use compostable stickers</p> |
| <p>Trinket style Game Prizes</p> | <p>Consider if prizes are even needed for the activity. Celebration alone is enough.</p> | <p>Eco-friendly items such as flower or herb seeds, play-dough or gemstones</p> |

Misc.

Gift giving can sometimes be a sensitive subject around birthdays, while we don't want to say no to gifts if that is part of your tradition we also need to reduce the expectation in order to help stop mindless consumption. Most of the time children have everything they need and suggesting new ways of gifting such as a \$5 party is a great alternative.



SAY NO TO



MOST SUSTAINABLE



ECO-ALTERNATIVE

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| Plastic coated invitations | E-invitations or facebook group event | Make your own using eco-friendly crafts items |
| Cling Wrap | tea-towels or beeswax wraps | tupperware or home compostable cling wrap |
| Gifts for the sake of it | Suggest a \$5 party | Ask for a group present towards an experience |

Other important tips!

End of party tips...

- Please leave the park or party location the way you found, or even pick up any rubbish if you see it.
- Leave nothing behind from your party set-up.
- Hard plastics can go into the yellow bin if they are larger than the size of the palm of your hand.
- Be mindful of your food waste. Consider what you can take home to be eaten later. We love encouraging guests to take a eco-cup and filling it with snacks for the kids on the way home.
- If any gifts have been unwrapped at the location please keep this to reuse and remember that plain brown wrapping can be composted.



SUPPLIERS LIST

PARTY FAVOURS

POPPY + DAISY DESIGNS

www.poppyanddaisydesign.com.au

GOODIELAND AU

www.goodieland.com.au

FROG GOOSE BEAR

www.froggooseandbearparties.com

SEEDS FOR TOMORROW

www.seedsfortomorrow.com.au

TOYS OF WOOD

www.toysofwoods.com.au

PARTY ACTIVITIES

PARTYORA

www.partyora.com

CREATE WITH CARDBOARD

www.createwithcardboard.com

POPPY + DAISY DESIGNS

www.poppyanddaisydesigns.com.au

PARTY SUPPLIES

PARTYORA

www.partyora.com

EASY PEASY CAKES

www.easypeasycakes.com.au

TABLE WARE

LITTLE GREEN PANDA

www.littlegreenpanda.com

DESIGNER CUP

www.creativecafecompany.com.au

ECO PARTY BOX

www.ecopartybox.com.au

PARTY DECORATION

THE LITTLE SHINDIG SHOP

www.thelittleshindigshop

SUPPLIERS LIST

LOCAL CATERING

JOURNEY STREET FOOD

www.journeystreetfood.com

NOOSA FORAGER

www.noosaforager.com.au

LOCAL CAKES

SWEET PEA CAKE + COOKIES

www.sweetpeacakesandcookies.com

MAPLE & SAGE

[@maple_and_sage Instagram](https://www.instagram.com/maple_and_sage)

ROSEBED & FINCH

www.rosebedandfinch.com.au

BECAKED

www.becaked.com.au

PARTY ENTERTAINMENT

THE GLITTER TRIBE

www.theglittertribe.com.au

GLITTER AZZI ME

www.glitterazzi.me

SUNSHINE COAST FACE PAINTING

www.coastfacepainting.com.au

HILLTOP FACE PAINTING

[hilltopfacepainting.com1.webnode.p
age](http://hilltopfacepainting.com1.webnode.page)

PARTIES WITH KATIE

FB Parties with Katie
405 555 197

GIFTING

POPPY & DAISY DESIGNS

www.poppyanddaisydesigns.com.au

TURQUOISE CREATIVE

www.turquoisecreative.com.au



My Little Party Hire

www.mylittlepartyhire.com.au

Sunshine Coast, Queensland

- Plastic free party hire
- Children's birthdays
- Eco-celebrations
- All Inclusive party options
- Party planning + styling
- DIY party decor for hire
- Sunshine Coast to Brisbane